



## Dental Suggestions

- More and more Medicare advantage plans are offering dental benefits. Call your insurance company to see if they provide any benefits (telephone number is on the back of your card).
- Full MaineCare may cover some emergency services. Check with MaineCare Member Services by calling 1-800-977-6740.
- If you are a Veteran, you may be eligible for benefits. Check with the VA Regional office by calling 1-800-827-1000.
- Does your dentist offer any payment plans or sliding fee scales? Does your dentist offer a senior discount?
- Would private dental insurance be an option for you? You can compare Stand Alone Dental Plans by visiting Maine Bureau of Insurance online at: [https://www.maine.gov/pfr/insurance/consumer/individuals\\_families/health/purchasing\\_health\\_insurance/premium\\_rates/individual\\_dental\\_rates.html](https://www.maine.gov/pfr/insurance/consumer/individuals_families/health/purchasing_health_insurance/premium_rates/individual_dental_rates.html) or call Consumers for Affordable Health Care at: 1-800-838-0388 for additional resources.
- Would Care Credit work for you (credit card specifically for medical care needs)? They can be reached by calling 1-800-677-0718 or <https://www.carecredit.com>.

**Please see list of specific dental resources and dental clinics.**

Disclaimer: Community resources are provided as a service of the Southern Maine Agency on Aging at the Sam L. Cohen Center, 30 Barra Rd., Biddeford, ME 04005, 1-800-427-7411. The Agency on Aging does not license, endorse or recommend any provider, nor can we guarantee the quality of service from any provider.